

# NHS VALE OF YORK CCG – QUARTER 4 PROGRESS REPORT **FUTURE IN MIND TRANSFORMATION PLAN**

## **Overall progress**

The CCG has published the updated Local Transformation Plan with baseline data. www.valeofyorkccg.nhs.uk/publications-plans-and-policies-1/.

Regular reports are made to Health and Well-being Boards and Children's Trust Boards. A report was made to NYCCC CTB in March 2017





Children's\_Trust\_Boar d\_Agenda\_22nd\_Marc service implementation

SEMH Strategic cross

## **Strategic Direction**

The CCG continues to work closely with local authority colleagues at City of York Council, North Yorkshire County Council and other stakeholders on children and young people's emotional and mental health. The review of the 49 FiM recommendations in Q4 has highlighted areas to commence planning for the refresh of the LTP in October 2017: a more detailed analysis across a range of partners is under way.



Q4 FiM return final SEF (VOY) 27 April.do

The North Yorkshire County Council SEMH steering group continues to meet and includes representation from NYCC and a wide range of stakeholders. The revised governance structure continues to ensure that actions in relation to progress of Future in Mind are reported upwards. A key action from this group is to further develop the implementation plan with CCG actions and key milestones aligned to the updated Transformation Plan. One subgroup has already been established, called the Emotional Health and Wellbeing Delivery Group, and they will lead on delivery and implementation.





Draft SEMH update CTB March 8v2.pptx SEMH Terms of Reference.docx

The Strategic Partnership for Emotional and Mental Health (SPEMH) is now working through small thematic groups developing action plans across its thematic areas in City of



York. There are five thematic sub groups to reflect the themes in Future in Mind, and their work will inform the Local Transformation Plan refresh in October 2017.



## Collaborative commissioning with NHS England

The CCG has worked on a collaborative commissioning plan with NHSE: this sets out the arrangements between health and NHSE to develop collaborative and seamless services for those children and young people needing either inpatient care or more specialist care, for example in forensic units. The draft plan has been shared with NHSE. Through the Local Transformation Plans and the collaborative Commissioning Plan, all opportunities for collaborative commissioning are being explored. Sharing good practice and collaborative approaches will be the foundation of the Commissioning Plans in the Y&H Specialised Commissioning Hub



#### New Models of Care: intensive intervention and crisis support

CCGs are working closely with the provider trust, TEWV on the pilot for New Models of Care, encompassing crisis support and intensive home treatment, whilst vanguard funding has been received to pump prime the crisis team. This project is establishing a model based on planned and unplanned pathways of care, with the crisis team 'holding' urgent cases until and after assessment and decisions regarding care and treatment. The current crisis support team based in York District Hospital ED between 13.00 and 21.00 will be incorporated into the new services, providing a significantly enhanced scheme of support for children and young people. The service will work daily 7am-12midnight, 7 days/week. The project is will go live in June 2017. Recruitment to posts in York is complete. Staff are in training and the project will go live in June 2017. Closer links have been made with T4 service at Mill Lodge in York (16 bed general adolescent unit). The new service manager will become a member of both the SPEMH and SEMH steering groups.





### 2. Scheme progress to date

The CCG continues to fund through Future in Mind the Children and Young People Community Eating Disorders Service (CEDS) and School Wellbeing Projects. All projects are joint funding with either North Yorkshire County Council and North Yorkshire CCGs

# 1. The School Wellbeing Project in City of York

The School Wellbeing Project in York was fully implemented in September 2016; in addition to the funding allocated through FiM monies, the CCG has invested additional funding of £14,430 from NHSE CYP additional mental health allocation. There are six wellbeing workers covering the six school clusters in York providing advice and training on mental health and wellbeing, and offering group work and 1:1 support. The project group meets bi-monthly (next meeting is 4 May 2017), and monitoring data is now being received.



SWS Activity report



SWS Evaluation



School Wellbeing framework.docx Service - Project upda

#### 2. North Yorkshire School Mental Health Project

The procurement for the School Mental Health Project for North Yorkshire is completed and mobilisation of the service has commenced and planned to go live in May 2017. There will be one Wellbeing Worker for each local authority district, therefore one in the Selby area and one in Hambleton District, which includes Easingwold. Comprehensive training sessions have been run in schools for staff to consider the issues of emotional well-being and stigma.

The provider, Compass, offer a web portal that provides links to appropriate websites for advice and support for children, parents/carers and professionals, and offer downloadable self help tools and apps. Initial website is now active with links to appropriate websites

http://www.compass-uk.org/northyorkshirehealthandwellbeingproject/



Compass - North Yorkshire School Ment



#### 3. Eating Disorders service

The CAMHS service, commissioned through Tees Esk and Wear Valley NHS Trust has completed the recruitment of additional posts for the service, with the exception of the Consultant Psychiatrist post in York which remains to be filled (0.4 WTE). The service is operational Monday-Friday 5 days a week, 9am-5pm; there are presently 45 CYP on the caseload. The service is delivered in the community through a hub and spoke model, working in partnership with locality based CAMHS teams. The hubs are based in Harrogate and York. There are 45 CYP on the caseload across NYY. Appointments are booked to meet the new waiting time standards. The operational policy is in place and progress continues to be made against consistency of care delivered. Training is planned for the service which includes 'Guided self-help' and 'Meal support for young people and their families'.

KPIs have been agreed for 2017/18 and beyond and will be monitored through Quality and Performance meetings. TEWV staff have been trained on the national programme and also appointed as trainers on the programme.



The CAHMS service is currently reviewing the service and providing in Q2 an Action Plan to the CCGs on the readiness to apply for membership to the Quality Assurance Network.

#### 4. Progress on other local priorities

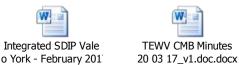
 Single Point of Access for CAMHS in York and Selby is now operational and an open day was run for stakeholders in March. All new referrals come through SPA and will receive at least 30 minute phone call with a clinician on duty, who will decide on the appropriateness of a full assessment or signposting to other services.

Formal monitoring through the CAMHS KPIs will start on 1 April 2017, whilst staff report the SPA has been well used, with the effect that a more consistent service is developing across the area as staff develop a common approach towards referrals handling. When the crisis service comes online in June 2017, there will be a positive effect on capacity in clinics. The close working between well being workers and CAMHS is developing a clearer pathway for referrals.





2. The SDIP agreed with TEWV is monitored at CMB



3. The Waiting List initiative funded ADHD assessments for 23 young people to reduce waiting times, as numbers have increased significantly and waiting times have also increased; a capacity and demand plan is under preparation by TEWV to set out approaches to managing the workload for ADHD, CAMHS and autism. TEWV has now agreed with NHS England a timetable for waiting time data for 2016/17 to support the waiting lists initiative, this will be available at the end of May 2017. KPIs agreed for 2017/18 will measure as standard the time between referral and treatment.



- 4. Policing and Crime Act 2017: mental health provisions. The mental health provisions within this act are designed to improve outcomes for people experiencing a mental health crisis by helping to ensure that they get the most appropriate support and care, promptly. For example, this means for children and young people under 18 years old, prohibiting the use of police cells as places of safety. S136 reporting forms part of the TEWV Quality & Performance monthly meeting and any breaches would be investigated as a priority
- 5. The CQUIN for transitions has been monitored.

This shows a high level of underperformance across the whole area including York, and has highlighted some issues such as the appropriate pathway for those young people referred at age 17, for whom there may not be time to develop a transition plan. The matter will be closely monitored at Q4 and decisions taken regarding future work to



achieve compliance with the CQUIN targets.



6. **Early intervention in psychosis:** this continues to be monitored as part of the suite of KPIs. The CCG has noted the recent deep dive on EIP and will address the issues highlighted as they affect young people under 18



7. Yorkshire and the Humber Child Sexual Assault Assessment Services (CSAAS) 2017/18. NHS England have confirmed that the contractual arrangements for this service, which has been co-commissioned with the North Yorkshire Police and Crime Commissioner and is delivered by York Teaching Hospital NHS Foundation Trust. The service will continue to be delivered from the Acorn Unit within York Hospital and will work closely with police, local authority staff and CAMHS for those children who are, or are suspected to be victims of sexual assault/suspected to be victims of sexual assault. The service operates Monday to Friday 9-5. CYP requiring assessment at weekends or bank holidays will be seen by Mountain Healthcare Ltd in West Yorkshire or Sheffield Hospital in South Yorkshire.



### 8. Peri-natal mental health (PNMH)

Recent scoping exercises have highlighted a gap in specialist perinatal mental services across North Yorkshire and York. Following on from the unsuccessful bid to NHSE for specialist PMH services, a North Yorkshire and York perinatal mental health sub-group has been established (sitting under the North Yorkshire and York Maternity network). The purpose of this group is to drive forward this area of work and prepare for the application for further funding from NHSE in wave 2 (expected July 2017).





9. **Service Development Improvement Plan**: this is agreed with TEWV and continues to be monitored.



# 10. Crisis Care Concordat (all age crisis response)

This project is led by Tees Esk and Wear Valley (TEWV) with input from across partner agencies. An action plan has been developed from the partnership-wide improvement 'superflow' week held in March 2016.

TEWV undertook a month long pilot to test the proposed triage and assessment process and tools began on 1 November 2016 in the Scarborough and Ryedale locality. Joint work is ongoing to develop and agree a single crisis service specification



### 11. Forward planning

TheTEWV New Models of care pilot programme for delivery of crisis support and intensive home treatment will be pursued to ensure more children and young people receive the right level of care closer to home.

The monitoring of the two School Wellbeing Projects will continue. The monitoring of Eating Disorders Service and CAMHS targets and delivery will be through Quality and Performance meetings and CMB as well as the respective local authority partnerships.

We will be developing the City of York SPEMH and North Yorkshire County Council SEMH Board through action plans to align local priorities with Future in Mind and meet national targets through the IAF.

Projects and workstreams for the coming period include:



- Monitoring the Well being worker projects
- Monitoring CEDS and CAMHS performance through CMB and Q and P committees
- Monitoring of EIP access standards through Q and P and CMB, noting the deep dive report in March 2017
- Monitoring national and IAF targets for CAMHS
- Working with the Peri-Natal Mental Health group
- Working with TEWV on the New Models of Care pilot project
- Develop and implement the Partners in Practice (NYCC) integrated support pathway
  across health education and care for children often known to troubled families and
  sometimes known to the youth justice service.
- Workforce development plan to ensure increased knowledge of mental health issues in children and young people.
- Develop with providers and local authority colleagues engagement arrangements for children and young people.
- Develop a pilot project in COY with NSPCC for counselling for children and young people to support emotional and mental health
- Develop the FIRST extension project (COY) in conjunction with NYCC and East Riding Council for a regional development and delivery model, new build facilities and redevelopment of intensive short breaks provision
- Working on development of a project (COY) for regional commissioning for low incidence high support needs SEND, with NYCC and NATSIP/Seashells Charities